



Train the Trainer

Instructional Techniques

2-day programme

Workshop Aims:

Aimed at employees, nominated trainers, supervisors, team leaders, safety representatives and managers who are responsible for training others.

To teach the skills you will need for training individuals or groups at all levels of your organisation. To understand the stages of competency and learning, including one to one instruction and breaking a task down.

Recognising different learning needs and styles and choosing appropriate techniques and tools for maximum effect. Ability to plan and structure your training and its content. Awareness and identification of learning barriers and how to overcome them

This course will enable any person with responsibility for training others, the tools and techniques to carry out the training role effectively.

Course Content:

- The need for training in your business
- Why and how people learn
- Perception
- Learning Styles
- Barriers to learning
- Motivation in learning
- The Role of the trainer
- Stages of learning and competence
- Planning the training
- One to one instructional technique

This programme includes group and individual activities to enhance learning, and delegates will be expected to prepare and deliver a short instructional training activity for Day 2.